

ALBERT LEA SENIOR CENTER ADVISORY BOARD MEETING MINUTES

Wednesday, June 11, 2025, 12:00pm Senior Center

Members Present: Doran Gray and Marlys Steele.

**Members Absent:** Dick Mucha, Rosemary Bloomquist, Sharon Gardner, Stephanie Harmon and Ex-Officio Rachel Christensen

**YMCA Staff in Attendance:** Senior Director of Programs Brandy Schewe, Senior Center Program Coordinator Emelia Gaudian

**City Staff in Attendance:** Community Engagement and Enrichment Director Cathy Malakowsky and Administrative Assistant/Deputy City Clerk Karla Tukua

City Staff Absent: Recreation Manager Bob Furland

## Call to Order:

The meeting was called to order by Brandy Schewe at 12:00pm

## Adopt Agenda:

Due to there not being a quorum there was no official adoption of the agenda.

#### Approval of the Minutes:

Due to there not being a quorum there was not approval of minutes. Malakowsky asked that Gaudian print the minutes and post them for board review.

#### **Old Business – Brandy Schewe**

- A. RFP Update Malakowsky went through steps of the RFP, first reviewing proposals received, second making a recommendation to City Council, with goal of voting on recommendation at the board meeting in October and going to City Council for approval in November. Malakowsky stated she's heard from three entities that are interested. It is expected that there will be three proposals to review.
- B. Senior Center Evaluation Meeting Update Malakowsky stated that the standards were reviewed for fiscal and asset responsibility as well as records and reports. The Senior Center meets all the criteria in these areas. She also noted that the City has a budget for the Senior Center and this budget will be brought to board meetings for the Senior Center Board to review.

#### New Business – Brandy Schewe

 Senior Center has sent Sue Barnes to Wind Down Wednesday to teach Tai Chi. She'll be down there today, June 11th and the next two Wind Down Wednesday's. If all goes well, they will look to add Tai Chi to the schedule at the Senior Center. By doing this, this will promote the Senior Center and it will help people get up and active. Responding to Steele's question on Tai Chi, Guadian explained it's slow movement and breathing exercises. Guadian said that Sue is a new staff member at the Senior Center and they have also added Tammy Morse part-time. Tammy currently works at the YMCA but is being cross-trained at the Senior Center. This will help with coverage at the Senior Center.

## **Events and Activities update:**

- Events In the Month of May they received 37 postcards, there were 28 members that went on a trip. 72 people attended the Senior Center Barbeque and the Wild Rose Casino trip had 22 people. Explaining that all of these covered the cost of the trip. For the Stillwater trip coming up there are 34 people signed up and this covers the cost of the trip. Amelia is covering a 4 Daughters Winery trip in July and currently have 28 of 48 spots filled for this trip and again the price of the ticket covers the trip. In August they are planning a trip to Grease, even though it's in August there are already 14 people signed up for this. Currently working on the fall and winter trips. Emelia said she wants to go to a pumpkin patch, apple orchards, planning the Christmas party, she also has a Treasure Island trip she's planning.
- Activities They took attendance with the programs at the Senior Center, so they have that when they look at the RFP and the space needed for a new location. The biggest program is Bingo, seeing between 40-45 people on a regular basis. The other activities average between 10-20 people.
- Membership reports there were 824 visits for the month of May, with 162 different individuals out of their 258 members. Schewe stated she'd like a note on new account sign-ups on where they heard about the Senior Center. They just had a gentleman come in and sign up, but he'd been a member before.
- Schewe asked if anyone else had anything to add. Both Steele and Gray said no.
- Malakowsky asked Guadian to hold onto the board minutes for the other board members to review. There was discussion about the best way to get the minutes to the board members. Schewe asked Guadian if she got them through e-mail could she print them so the board can review before the next meeting, which Guadian said she could. Malakowsky asked if they could put up a board bulletin board where they could be posted. They could post the agenda, what the board is working on and when they meet. Guadian will work on that.

# Adjournment

• The meeting was adjourned at 12:11pm.

Respectfully submitted,

Karla Tukua Senior Center Advisory Board Secretary

Approved:

Dick Mucha Senior Center Advisory Board Chair